



Audio Guided Tours

exploring the heritage sites

2012
Edition



TOULON
PROVENCE
MÉDITERRANÉE
COMMUNAUTÉ D'AGGLOMÉRATION



FREE BROCHURE - Not for sale



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Audio Guided Tours

exploring the heritage sites

Located between land and sea, rich in its cultural, natural and exceptional historical heritage, our region attracts a significant number of visitors all year round. Enhancing the reputation of our city and surroundings, preserving the environment while at the same time enabling both young and old to enjoy and appreciate this landscape at close quarters constitute the driving force behind the Toulon Provence Mediterranean agglomeration community (Toulon Provence Méditerranée, TPM) since its creation.

To this end, the agglomeration community regularly publishes a number of multilingual tourist guides and brochures on the historical sites that reflect the area's rich military history or recommending the most beautiful coastal walks. All information is available on our website (www.tpm-agglo.fr) or in the Tourist Offices throughout the agglomeration.

Today, the TPM community is moving forward, offering a new leaflet to complement the brochures already existing. Simple to use and innovative, this leaflet combines information on our heritage with the latest technological systems. If you scan the barcodes below, you will be able to access our audio guides that will accompany you in your discovery of this area.

Supported by the European Union, this project initially covers four municipalities but will soon be extended to the whole of our agglomeration area.

Let yourself be guided along the recommended routes and enjoy your visit!

Hubert FALCO

President
of Toulon Provence Méditerranée
Former Minister

Jacques POLITI

Mayor of Hyères-les-Palmiers
Vice-President
of Toulon Provence Méditerranée
President of the Tourism and Maritime
Accessibility Commission

Marc GIRAUD

Mayor of Carqueiranne
Vice-President
of Toulon Provence Méditerranée
President of the Finance,
General Administration
and Communication Commission

Carqueiranne • La Crau • La Garde • Hyères-les-Palmiers • Ollioules • Le Pradet • Le Revest-les-Eaux
Saint-Mandrier-sur-Mer • La Seyne-sur-Mer • Six-Fours-les-Plages • Toulon • La Valette-du-Var

Useful information

What is a QR Code?

QR stands for Quick Response and the QR code is a barcode that stores digital information (text, website addresses, etc.). It can be decoded on a mobile phone with a camera and the relevant decoding application which can be downloaded free of charge from the applications download platform on your mobile phone.

Source : www.qrcode.fr

How do I read the QR Code?

Once you have downloaded the QR Code reader application onto your mobile phone, you just select the code and follow the instructions. For foreign visitors, use of the QR Code is free except for the cost of your Internet connection. You can also download the audio content free of charge via WiFi on the "Escale à TPM" (stop-over at TPM) tourist information space.

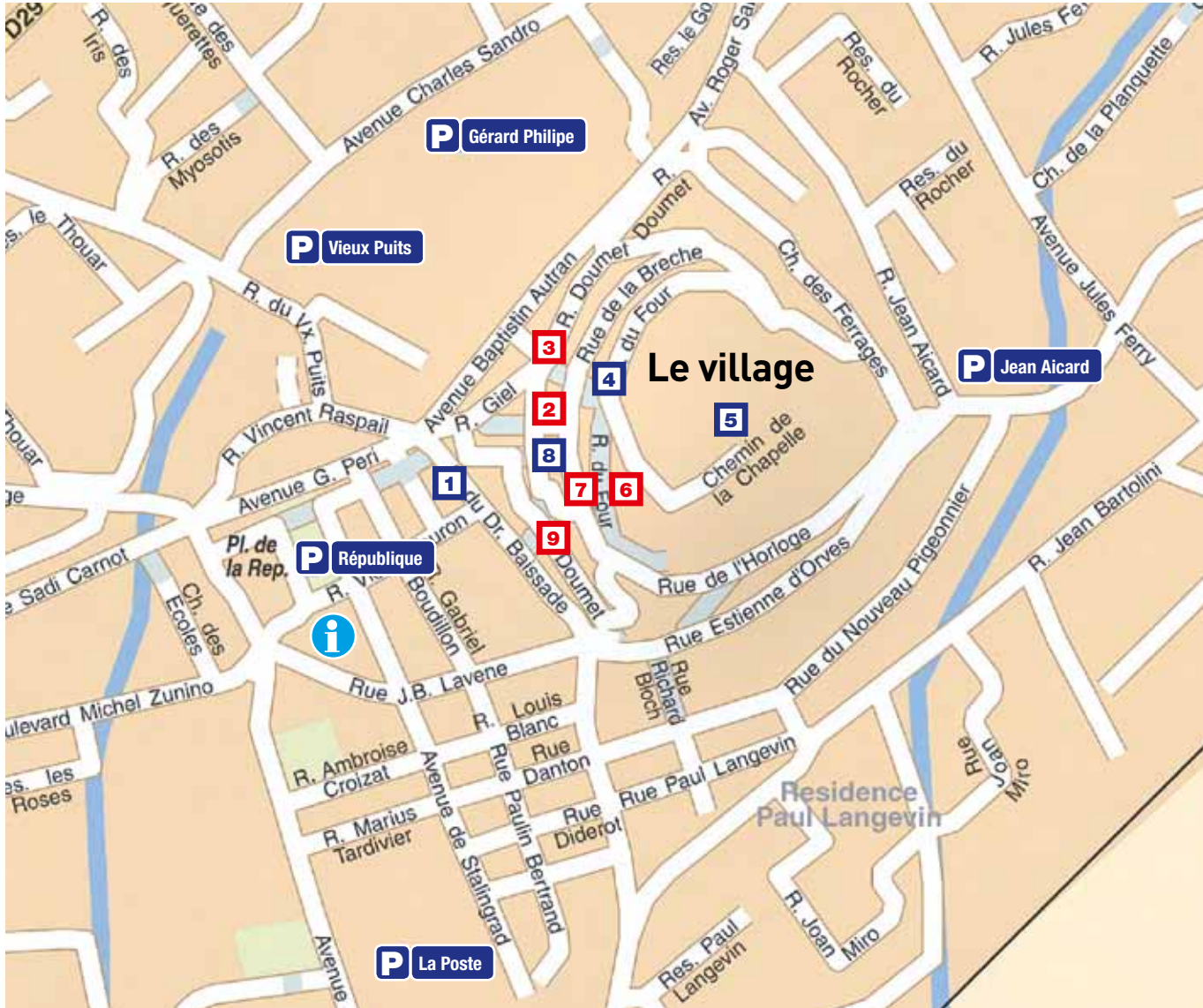
Before your departure

- Download the Audio Guide onto whatever mobile phone (or phones if several people wish to use the Guide) you are using.
- Remember to recharge your phone.
- Take along your headphones or, if you are organising a visit with several participants, make sure you have a loudspeaker device.
- Do not forget your camera so you can share your visit experience.



La Garde

The old La Garde is an authentic Provençal town with its Roman chapel, narrow streets flanked by arcades, shady little squares and artists' colony.



■ Point of interest with Audio Guide ■ Point of interest without Audio Guide ⓘ Tourist Office Source : Georoute France Raster IGN, TPM



1 L'Église de la Nativité de la Vierge

[Church of the Virgin's Nativity]

Place Eugène Blanc

This church has undergone a number of restructuring and renovation operations and encloses some remarkable works of art.



➤ For more information...
The church of La Garde described by Father Alexis



2 Le Lavoir public

[The public wash place]

Rue Paul Doumet

In times gone by, a veritable village "forum", the public wash place was where a million matters were recounted and discussed to help relieve the boredom of the task. Beautifully restored.



3 L'Hôpital du Saint-Esprit

[Saint-Esprit Hospital]

Place Albert Autran

The first municipal centre at the end of the 12th century, the building has now become a workshop for stained glass artists.

How to reach La Garde

By road

From Toulon: Take the A57 motorway ("autoroute") in the direction of Nice, leave at Exit No. 2 La Palasse, follow the signs to Le Pradet then take the departmental road D29 to La Garde. From Hyères-les-Palmiers: Take the departmental road RD559. From Nice: Take the A8 autoroute, then switch to the A57 in the direction of Toulon, then take Exit No. 5 La Bigue and follow the signs towards the "Centre Commercial-Université". Then follow signs for Garde Centre and Hyères and finally take the D29 in the direction of La Garde Centre.

Underground car parks

Gérard Philippe car park (free of charge)

Open-air car parks

La Poste car park (free of charge)
Place de la République car park (free of charge with restricted zone)
Jean Aicard car park (free of charge)
Le Vieux Puits car park (free of charge)

By bus

La Garde city centre: lines 19 and 29 only towards Toulon and lines 91, 92, 98, 129 in both directions. Jean Aicard Museum: line 19.

For public transport tickets, timetables and itineraries, check on www.reseaumistral.com, phone +33 (0) 4 94 03 87 03 or download the free Mistral network application onto your mobile phone.

4 Le Château de Passis
[Chateau Feudal castle of Passis]

Rue de la Brèche
A magnificent feudal castle dating back to the beginning of the 17th century (visits not permitted).



5 La Tour et la chapelle romane de l'ancien château féodal
[The Tower and Roman chapel of the old feudal castle]

The medieval town of La Garde has preserved some vestiges of its original fortress with a lookout offering an amazing panoramic view of the surrounding landscape.



6 La Porte ouest des premiers remparts
[The western gateway in the first ramparts]

Rue de l'horloge
In the 6th century AD, the first ramparts constituted the walls of the city that could be accessed through two gateways. Only the west gate, known as the "Porte du Couchant" (*"Sundown Gate"*), still exists and is very well preserved. The stone supports for the hinges to the wooden door protecting the city are worthy of note.

7 La Place Justin-Mussou
[Justin-Mussou Square]

Originally called Place du Piquet, this square was renamed after Justin-Mussou who was the founder, in 1851, of the first music association in La Garde, "L'Harmonie Mussou".



8 Le Local du Piquet
[The "Piquet" Hall]
by Thierry Hamy

Place Justin Mussou
This Hall was used for the weighing of grain being brought into the village and on which a common tax, the "Piquet", was levied. The inhabitants of La Garde, angry at the rising cost of living, revolted in 1789. In an attempt to defuse this first revolutionary act, Sire Vitton, the mayor, set a fixed price on foodstuffs. In later times, this hall was also used as a classroom for boys and today it is an artist's studio of extraordinary charm.



9 Portègue
(Alleyway to the second ramparts)

Alleyway linking rue Doumet to rue Baissade
In the 15th century, the village population had increased to the point where houses were being built outside the perimeter of the first ramparts. Seven gateways gave access to the second ramparts.

Guided tour: **"Discovering the old village"**, led by a professional tour guide. Information available at the Tourist Office.



In the vicinity
The Jean Aicard museum
[Jean Aicard museum]
(The Lauriers-Roses Park)

Avenue du 8 mai 1945
You will be amazed at the charm of this wooded park surrounding a beautiful 18th-century bastide. Jean Aicard, born in 1848, resided at the Lauriers-Roses (Laurel-and-Roses) and wrote almost all of his works there, including his novels set in Provence, the most famous of which is "Maurin des Maures".

A museum is consecrated to the history of the house and its illustrious guests. The writer's universe is explored through documents, books, objects and sketches. These collections reflect the taste for the Oriental, very much in vogue in the region at the end of the 19th century.

Office de tourisme de La Garde
Place de la République
83130 La Garde (France)
Tel: +33 (0) 4 94 08 99 78 - www.ville-lagarde.fr
maison_du_tourisme@ville-lagarde.fr

La Seyne-sur-Mer

Open to the Mediterranean and the bay of Toulon, this coastal town has many attractions of historical interest, with its military heritage and legendary holiday resort.



■ Point of interest with Audio Guide ■ Point of interest without Audio Guide ⓘ Tourist Office

Source : Georoute France Raster IGN, TPM

1 Le Pont levant [The Drawbridge]

This modern structure reflects the town's naval past and its old shipyards. The 44-meter-high belvedere offers a magnificent view.



➤ For more information... The shipyards of La Seyne-sur-mer by Francis Lyon, former shipyard employee.



2 L'église Notre-Dame de Bon voyage [The Church of Notre-Dame de Bon Voyage]

Rue Jacques Laurent
This church was built between 1673 and 1680 to watch over the departure and safe return of sailors. Its façade was rebuilt in 1891 in a neo-gothic style according to the plans of architect Paul Sage. Its Provençal bell tower, dating back to the 17th century, has been listed as a Historic Monument. The church is also well worth visiting for its organ, artworks and statues.



How to reach La Seyne-sur-Mer

By road
From Paris: Take the A7 motorway ("autoroute"), then the A8 in the direction of Aix-en-Provence, follow the signs for Toulon on the A52 then the A50 and take Exit No. 13 for La Seyne-sur-Mer, arriving on the local departmental road D26.
From Nice: Take the "La Provençale" autoroute A8, turning off in the direction of Toulon on the A57, then towards Marseille on the A50. Take Exit No. 13 for La Seyne-sur-Mer, arriving on the local departmental road D26.

Underground parking
Martini car park (payment required)
Open-air car park
La Navale car park (free of charge with restricted parking zone)
Esplageolles car park (payment required)

By bus or boat
La Seyne town centre:
- Bus: lines 8, 18, 28, 83
- Boat: 8M
Fort Balaguier:
- Bus: line 83
Les Sablettes and Tamaris:
- Bus: lines 18, 28, 83
- Boat: line 18M

For public transport tickets, timetables and itineraries, check on www.reseaumistral.com, phone +33 (0) 4 94 03 87 03 or download the free Mistral network application onto your mobile phone.

3 Le Fort de l'Eguillette
[Eguillette Fort]

Corniche Bonaparte

This military stronghold was built between 1672 and 1680, and later enhanced by Vauban, to protect the harbour of Toulon. Its square tower flanked by two oblique wings and the open-air cannon battery with firing embrasures at sea level that allowed the cannon balls to ricochet off the water's surface and shatter the hulls of enemy ships reflect the military strategy of the times. Today, the fort is just used for surveillance purposes.



4 Le Fort Balaguier
[Balaguier Fort]

Corniche Bonaparte

A second tower allowing cannon to be fired from a different direction, Fort Balaguier provided a military backup for the Royal Tower and the Fort de l'Eguillette in protecting the harbour.



🔗 **For more information...**
Fort Balaguier's naval museum presented by Michèle Chabour, tour guide at the fort



5 Le Quartier Tamaris
[The Tamaris district, in Michel Pacha's footsteps]

The creator of the Tamaris resort left traces of both Eastern and Western architectural styles in the town of La Seyne-sur-Mer.



6 Quartier Tamaris
[The Tamaris district: a haven for artists]

Elegant architecture reminiscent of the banks of the Bosphorus and attracting numerous artists.



7 Le Fort Napoléon
[Napoleon Fort]

Chemin Marc Sangnier

Built between 1812 and 1821 on the orders of the Emperor Napoleon, who had wrested this site from the English in 1793, thus controlling access to the harbour of Toulon that had been in the hands of the royalist coalition armies. Demilitarised in 1973, the Fort now houses an Art Gallery and is a popular venue for a number of cultural events. Discover the fascinating history of the siege of Toulon in 1793 through a guided tour (information at the Tourist Office).

8 Le Hameau des Sablettes
[The village of Les Sablettes]

The Sablettes district

A listed 20th century district. Fernand Pouillon, a contemporary architect, designed this charming village with its appealing juxtaposition of the traditional and the modern.



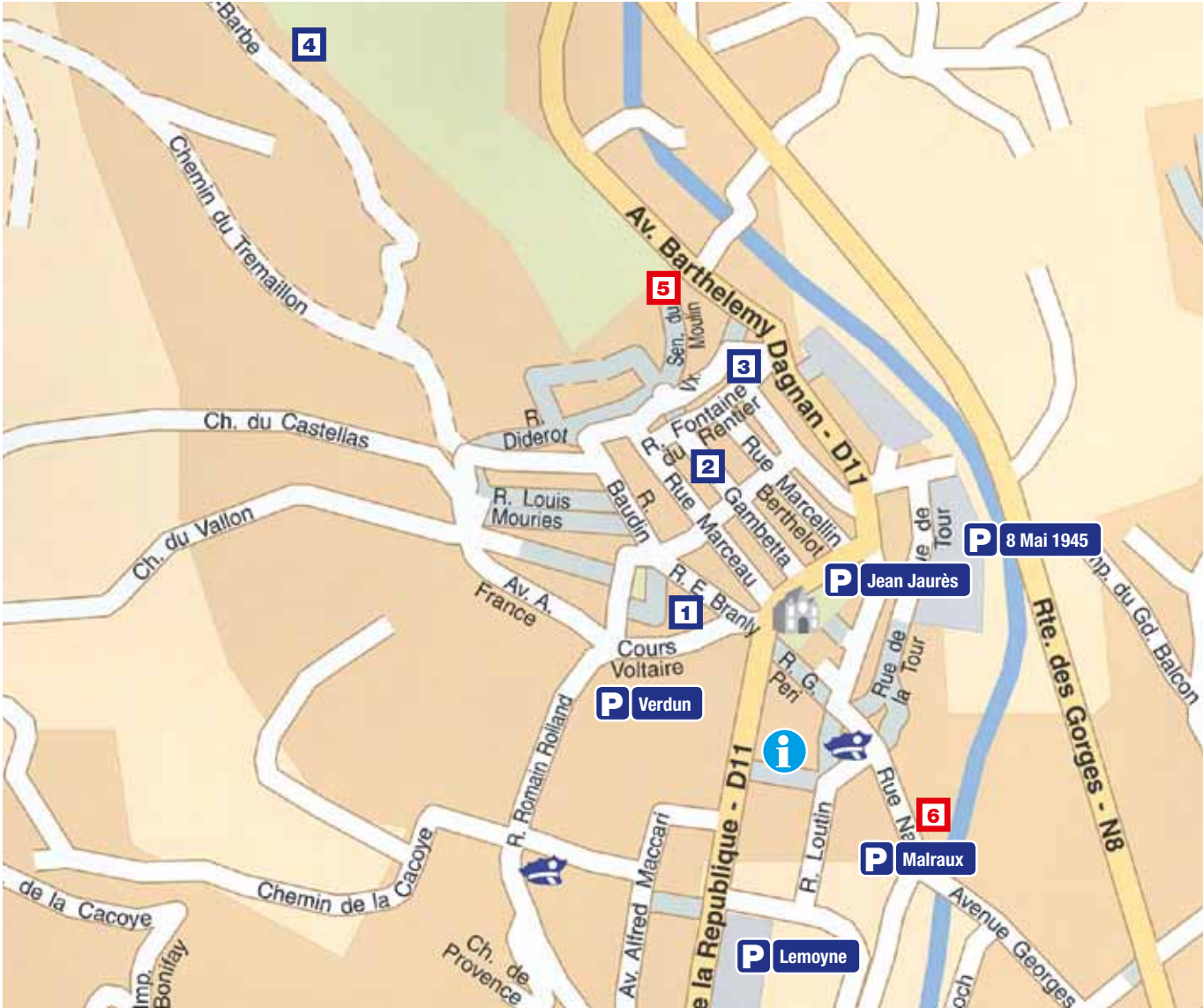
In the vicinity
Le Parc Fernand Braudel
[Fernand Braudel Park]

These public gardens were named after the French historian, Fernand Braudel (1902-1985), a specialist of the Mediterranean cultures.

*For further information on La Seyne-sur-Mer and the events organised there throughout the year, contact the local Tourist Office at:
Corniche Georges Pompidou 83500 La-Seyne-sur-Mer
Tel: +33 (0) 4 98 00 25 70 - www.ot-la-seyne-sur-mer.fr*

Ollioules

An area rich in the traditions of Provence, the picturesque town of Ollioules is listed as a "Town of the Arts and artistic crafts" and as a "Recommended detour town" ("Ville et métiers d'Art" and "Plus beaux détours de France"). At the foot of its feudal castle, it invites you to discover over thirty artists' studios along its waterfront and around its fountains.



■ Point of interest with Audio Guide ■ Point of interest without Audio Guide ⓘ Tourist Office

Source : Georoute France Raster IGN, TPM

1 L'Église Saint-Laurent [The church of Saint-Laurent]

Place Victor Clément

A magnificent example of Roman architecture, this church contains some quite remarkable works.



2 Le quartier médiéval [The medieval district]

Ollioules is a city rich in the vestiges of medieval architecture.



3 Le quartier renaissance [The Renaissance district]

Its treasures are definitely not to be missed.



How to reach Ollioules

By road

From Paris: Take the A7 motorway ("autoroute"), then the A8 in the direction of Aix-en-Provence, turn off onto the A52 towards Toulon, then the A50, then take the Exit No. 13 in the direction of Sanary-sur-Mer, reaching Ollioules on the local departmental road D26.

From Nice: Take the "La Provençale" autoroute A8, turning off in the direction of Toulon on the A57, then take the A50 towards Marseille, leaving at Exit No. 13 in the direction of Sanary-sur-Mer, reaching Ollioules on the local departmental road D26.

Underground car parks

Espace Malraux car park (free of charge)
"8 mai 1945" car park (free of charge)

Open-air car parks

Lemoyne car park (free of charge, partially restricted zone)
Verdun car park (free of charge)
Jean Jaurès car park (free of charge)

By bus

Ollioules: lines 12, 120, 122, 128.

For public transport tickets, timetables and itineraries, check on www.reseaumistral.com, phone +33 (0) 4 94 03 87 03 or download the free Mistral network application onto your mobile phone.



4 Le Château féodal
[The feudal castle]

Located on a hilltop, the castle overlooks the town and its inhabitants.



📍 **For more information...**
The Castle described by Claude Pageze, former owner and current holder of exploitation rights



5 Le Vieux Moulin
[The Old Mill]

Rue Salengro
An oil press whose original pressing chambers have been preserved.
Open during temporary exhibitions.



6 Le Canal des Arrosants
[The irrigation canals]

A fascinating walk, winding through the town and retracing the history of the canals that irrigated vegetable crops and fed into mills and public wash places (the Tourist Office can supply the itinerary).



In the vicinity

The Gros Cerveau

A countryside hike along the crags of the Gros Cerveau (429 m) affording magnificent views over the Hyères islands and the whole Sainte-Baume mountain chain.

The historical route

A guided tour of the medieval town by a professional guide, with a walk in the shelter of the ramparts (information available from the Tourist Office).

Arts and crafts discovery



Around thirty artists' studios are open for visits in the heart of the town (painters, sculptors, ceramic artists, calligraphers, etc.).

*For further information on the city and its events organised throughout the year, contact the Ollioules Tourist Office:
116 avenue Philippe Hauteclouque - 83190 Ollioules
Tel: +33 (0) 4 94 63 11 74 - www.tourisme-ollioules.com*

Toulon

Toulon, a town of great historical interest and with the Provençal charm made famous by Raimu, the acclaimed French actor born there, is renowned mainly for its military port and for the many fascinating walks that can be taken to admire the town's architectural heritage.



■ Point of interest with Audio Guide ■ Point of interest without Audio Guide ⓘ Tourist Office Source : Georoute France Raster IGN, TPM



1 Place de la Liberté [Liberty Square]

This is the city's main square dominated by the imposing fountain, the Fontaine de la Fédération, facing south.



2 L'Opéra de Toulon [Toulon Opera House]

Place Victor Hugo
One of the most stunning opera houses in France.



3 La Cathédrale Sainte-Marie-de-la-Seds [The Sainte-Marie-de-la-Seds cathedral]

Traverse de la Cathédrale
Dedicated to the Assumption of the Virgin and located within the old city, the cathedral reveals a combination of different architectural styles, the result of its extension in the 17th century: Baroque elements on the façade, surmounted by a splendid Provençal bell tower in cast iron. The interior, renovated several times, preserves its gothic unity with its simple cross-ribbed vaults.

How to reach Toulon

By road
From Paris: Take the A7 motorway ("autoroute") then the A8 in the direction of Aix-en-Provence, then follow the signs to Toulon via the A52 and the A50.
From Marseille: Take autoroute A50 in the direction of Toulon
From Nice: Take the "La Provençale" autoroute A8, then the A57 in the direction of Toulon

Underground car parks (payment required)
Liberté car park
Lafayette car park
Place d'Armes car park
Peiresc car park
Porte d'Italie car park
Mayol car park

Open-air car parks
Les Lices car park (partly free of charge)
Zénith car park (free of charge)

By bus or boat
Toulon city centre :
- Bus: lines 1, 5, 8, 10, 11B, 12, 18, 19, 20, 36A, 36B, 40, 191.
- Boat: lines 18M - 8M (linking Les Sablettes and La Seyne-sur-Mer/ Toulon)
Royal Tower:
- Bus: lines 3, 23
Tour Beaumont :
- Bus: line 40 + funicula (unique in the south of France)

For public transport tickets, timetables and itineraries, check on www.reseaumistral.com, phone +33 (0) 4 94 03 87 03 or download the free Mistral network application onto your mobile phone.

4 Le Cours Lafayette

[The Cours Lafayette market]

This market, held every morning except Monday, has an incomparable atmosphere with its plethora of tastes, smells and colours. On Fridays and Saturdays, there is a market for local producers of regional specialities held at the Cours Paul Lendrin (called the "little Cours Lafayette").



5 L'Église Saint-François de Paule

[The church of Saint-François de Paule]

Place Louis Blanc

Built in the 17th century, this church boasts a façade of curves and counter-curves typical of the Baroque architecture popular in eastern Provence at the time. Inside, the stunningly beautiful 18th century main altar in multi-coloured marble captivates visitors, along with the choir, wood panelling and mid-19th century walnut pulpit created by the Toulon sculptor, Bernard Sénéquier.



6 Le Carré du Port

[The Port Square]

Before the magnificent Atlases by the sculptor Pierre Puget, traditional craft, ocean-going liners and yachts can be seen in the most beautiful harbour in Europe.



7 La Base navale

[The naval base]

France's most important military port.



8 La Porte monumentale de l'Arsenal et le Musée national de la Marine

[The monumental gateway to the military port and the National Maritime Museum]

Place Monsenergue

Sheltering behind the monumental gateway, the maritime museum is a major cultural attraction. A true treasure-trove of memories, it illustrates the maritime tradition of the Mediterranean through an exceptional collection of model vessels and galleys.

9 La Tour Royale

[The Royal Tower]

Pointe de Pipady

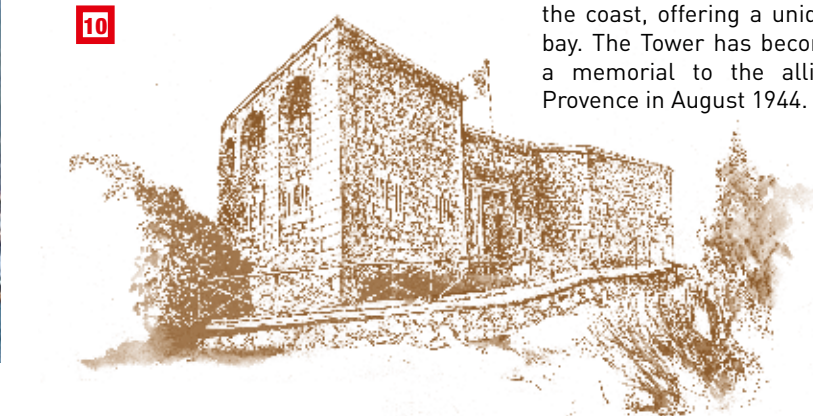
This is the most important tower defending the port and the first cannon tower built on the harbour's edge. Listed as a historic monument, it is unique in France in terms of its size.

10 La Tour Beaumont Mémorial du débarquement

[The Beaumont Tower - Landing Memorial]

Mont Faron

One of the highest vantage points on the coast, offering a unique view of the bay. The Tower has become a Museum, a memorial to the allied landing in Provence in August 1944.



In the vicinity

Le parc Alexandre 1^{er}

[The Alexandre 1er park]

Place Gabriel Péri

This true "green lung" of the area is home to a host of remarkable trees and includes a children's playground.

A step-by-step discovery of Toulon

The walk is marked by a series of key points throughout Toulon's city centre, linking the main sites of the city in a fascinating itinerary. The walking tour takes about one and a half hours (brochure available at the Toulon Tourist Office and on its website).

For further information on the city and the events organised throughout the year, contact the Toulon Tourist Office:
12 place Louis Blanc - 83000 Toulon
Tel: +33 (0)4 94 18 53 00 - www.toulontourisme.com
info@toulontourisme.com



Also available at the Tourist Offices
and downloads available on www.tpm-agglo.fr



TOULON
PROVENCE
MÉDITERRANÉE
COMMUNAUTÉ D'AGGLOMÉRATION



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